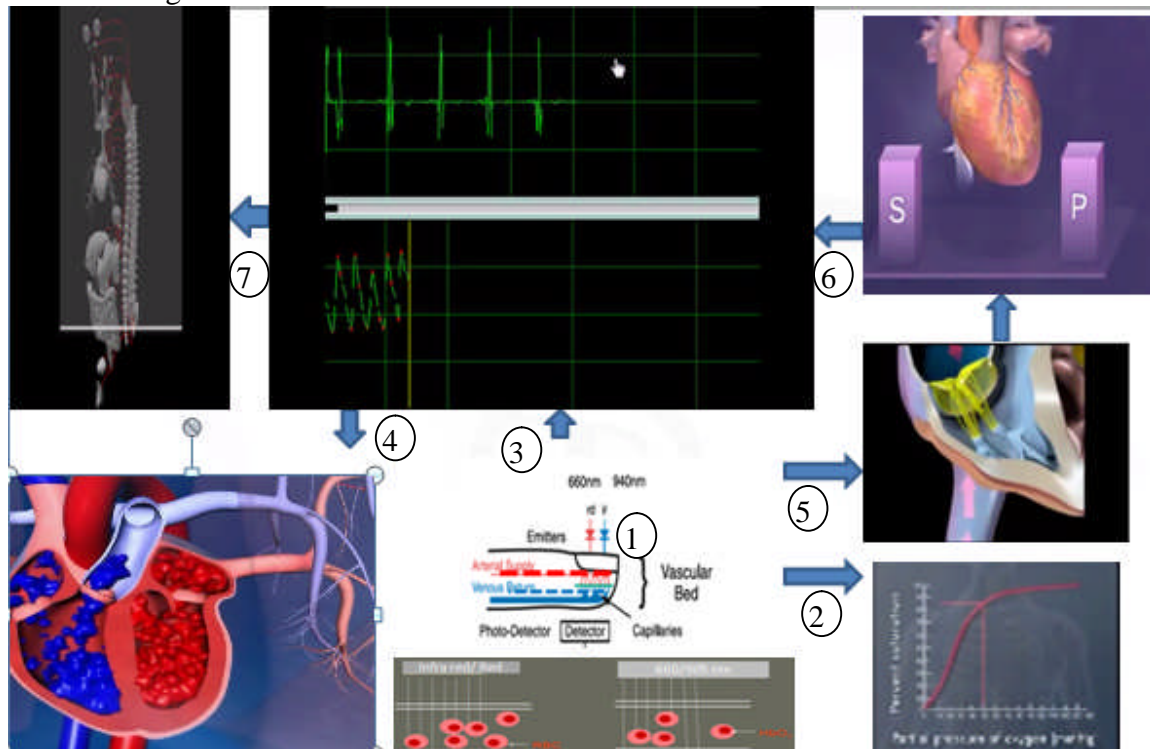


Features' diagram



The ES Teck PEMS system is using the spectrophotometry technology (oximeter^①) with 3 features and signal processing analysis managed by software.

- ② The Pulse Oximeter (SpO2 sensor) displays SpO2%, pulse rate value and vertical bar graph pulse amplitude.
 The Photoelectrical Plethysmography' feature is the signal processing analysis of the pulse waveform provided by the oximeter. ③
- ④ The mathematical analyses provide indicators to estimate the hemodynamic parameters.
- ⑤ The Heart Rate Variability feature, analyzes both in the time domain (statistical methods) and in the frequency domain (spectral analysis). Each QRS complex is detected and the so-called normal-to-normal (NN) or Rate-to-Rate (RR) intervals between adjacent QRS complexes are the result of sinus node depolarization. ⑥
- ⑥ The signal processing analysis of the measurement provides indicators to estimate the ANS (Autonomic Nervous System) activity. ⑦

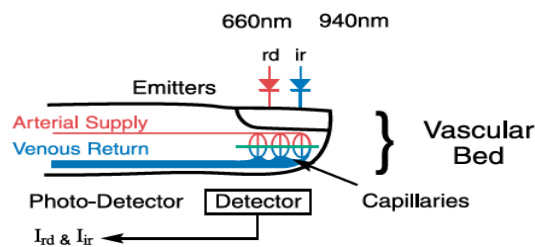
SpO2 % measurement:

Pulse Oximeter

The ES Teck pulse oximeter consists of a computerized monitor and a probe attached to the patient's finger. The monitoring unit displays digital percentage read out of a calculated estimate of the patient's hemoglobin (Hgb) that is saturated with oxygen (SpO2). A visual waveform indicator is displayed with a resolution of 50 ms and the heart rate..

The device measures two types of hemoglobin: oxygenated and deoxygenated. Since two different substances are being measured, two frequencies of light are necessary. This is called spectrophotometry. The red frequency measures desaturated hemoglobin and the infrared measures oxygenated hemoglobin. If the oximeter measures the greatest absorbance in the red band, it will indicate low saturation. If the greatest absorbance is in the infrared band, it will indicate a high saturation.

The pulse oximeter utilizes the two wavelengths of light to calculate the saturation of Oxyhemoglobin. As a light is shone through the finger, it is picked up by a receiver. Some of the light is absorbed by the tissues, including arterial blood. As the artery fills with blood, the absorption increases; and as the artery empties, the absorption decreases. Since the pulsating blood is the only substance that is changing, the stable substances (skin and tissue) are eliminated from the calculation.



Basis For Measurement:

$$\frac{I_{rd}}{I_{ir}} = \frac{S_{rd} + N_{rd}}{S_{ir} + N_{ir}} = \text{Ratio (r)} \rightarrow \% \text{ SpO}_2$$

SpO2 % Normal range ^{(6) (7) (9)}

95% for adult

>= 96% for children

Oxyhemoglobin Dissociation curve ^{(11) (12) (13) (14)}

Oxygen can be measured in two forms:

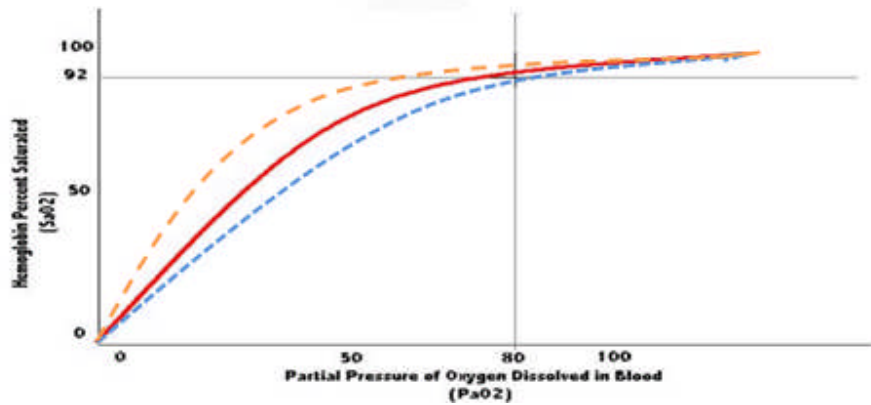
Partial atmospheric pressure of oxygen (PaO2)

Oxygen saturation (SaO2)

Calculated estimate of oxygen saturation (SpO2): an indirect SaO2

There is a relationship between the amount of oxygen dissolved in the blood and the amount attached to the hemoglobin. This is called the normal oxyhemoglobin dissociation curve.

Normal Oxyhemoglobin Dissociation Curve



The chart above illustrates that when the PaO₂ is 80, the hemoglobin is 92% saturated with oxygen. As the pressure of oxygen increases, the hemoglobin saturation increases. A pressure of 105 or above will completely saturate the hemoglobin. More oxygen can still be diffused into the blood but the hemoglobin is at its maximum capacity. By using the pulse oximeter we can indirectly assess the PaO₂ by measuring the SpO₂. For example:

| |
|---|
| 97% saturation = 97 PaO ₂ (normal) |
| 90% saturation = 60 PaO ₂ (danger) |
| 80% saturation = 45 PaO ₂ (severe hypoxia) |

Oxygen - hemoglobin Affinity Changes.

The functions of hemoglobin are oxygen pickup and delivery. The hemoglobin has an affinity (the strength of bond between oxygen and hemoglobin) that can be increased or decreased due to various situations. If hemoglobin has an increased affinity, it is highly saturated; but oxygen is less available for release to the tissues due to the strong bond. The reverse is also true.

Hemoglobin % and tissue oxygen delivery

Also, the hemoglobin % in the blood is proportional to the blood viscosity.

Hemoglobin % increased will decrease the tissue oxygen delivery.

SpO₂ % and acid base balance

A decrease in pH (acidosis) shifts the standard curve to the right (blue line), while an increase (alkalosis) shifts it to the left (orange line). This is known as the Bohr Effect.

White Paper ES Teck PEMS 03/20/2010

Writer: Albert MAAREK

Reviewer: Richard Clement

REFERENCES

- 1) Guidelines Heart rate variability Standards of measurement, physiological interpretation, and clinical use Task Force of The European Society of Cardiology and The North American Society of Pacing and Electrophysiology European Heart Journal (1996) 17, 354–381
- 2) Fearnley, Dr S. J. "Pulse Oximetry." Practical Procedures. Issue 5(1995) Article 2: page 1. Available www.nda.ox.ac.uk/wfsa/html/u05/u05_003.htm
- 3) "Introduction to the Pulse Oximeter." www.monroecc.edu/depto/pstc/paraspe1.htm
- 4) "Pulse Oximetry." <http://www2.kumc.edu/instruction/Tom/monitoring/ox1.htm>
- 5) "Factors Affecting Pulse Oximeter Readings." Public Safety Training Center. www.monroecc.edu/depto/pstc/paraspe1.htm
- 6) "Pulse Oximetry." Manual of Laboratory, L-Ray, and Special Procedures. New York Hospital and Cornell Medical
- 7) Center. www.infonet.med.cornell.edu/lab/ancillary/PFUN_Pulse_Oximetry.htm
- 8) "Accuracy of Pulse Oximeter Readings." http://rtcorner.com/Topics/accuracy_of_pulse_oximetry_readi.htm
- 9) "Normal and Abnormal Oximetry Values." www.clinical-assoc.com/5vs/normal.htm
- 10) "Pulse Oximetry." AARC Clinical Practice Guideline. Reprinted from Respiratory Care (Respir Care 1991; 36: 1406-1409). www.rcjournal.com/online-resources/cpgs/pulseecpg.html
- 11) Bonadonna, Peter. "Understanding Oxyhemoglobin." Public Safety Training Center. www.monroecc.edu/depts/pstc/paraohdc.htm
- 12) "Oxyhemoglobin Dissociation curve." <http://perflin.com/student/curve.html>
- 13) Elton, Donald R. "Oxygen-Hemoglobin Affinity Changes." Nov 27,1990; Aug. 20, 1999 www.midcarolina.org/papers/oxy.hb.curve.html
- 14) "Oxyhemoglobin Dissociation Curve." VM 303, Lecture 8; Monitoring Anesthesia. www.msu.edu/courses/vm303/monitor.htm

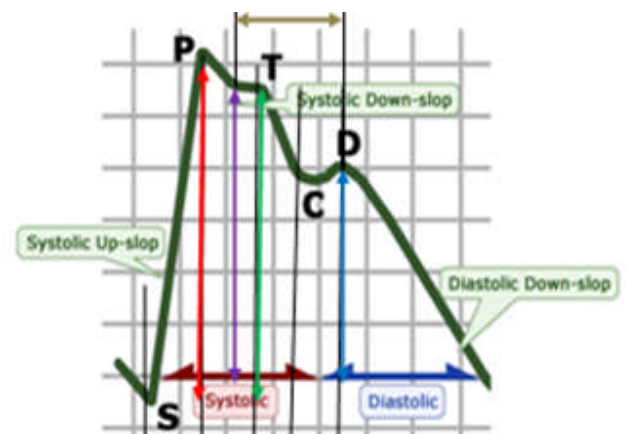
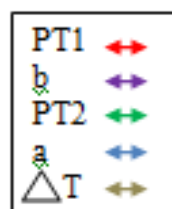
Photoelectrical Plethysmography

Non invasive pulse wave analysis is useful for evaluation of vascular load and vascular aging. [1] It is usually measured at the palpable artery, including carotid, femoral, and radial arteries. [2] These pulse wave tracings provide more precise information concerning blood pressure changes than systolic and diastolic pressures only. [3] The basic idea of the augmentation index was first described by Murgu et al [4] in 1980 in relation to the reflection return point in the ascending aorta. Kelly et al [2] first used the term "augmentation index" in their 1989 study evaluating age-related changes in AIs. They showed age-related increase in AIs at carotid and radial arteries. Ascending aortic pressure can be divided into 2 components at the anacrotic notch, where maximal flow velocity is observed. [2] The early systolic component is caused mainly by left ventricular ejection, and the second component is augmented by peripheral reflection wave. [5] PTG detects the changes in the amount of light absorbed by hemoglobin, which reflects changes in blood volume. Wiederhelm et al [6] showed pulsatile pressure changes in vessel down to metaarteriole size that corresponded to pulse tracing. PTG has been used to evaluate arterial compliance in relation to changes in the amplitude of wave, [7] but the wave contour itself is not usually used. The SDPTG has been developed to allow more accurate recognition of the inflection points on the original plethysmographic wave, ie, anacrotic or dicrotic notches. In 1972, Ozawa recorded the first and second derivative waves of PTG and reported that the first derivative wave had characteristic wave contours. In 1978, he further reported that the second derivative wave had characteristic contours that facilitated the interpretation of the original waves. The conventional PTG measurements came to be performed less frequently because of difficulties in analysis and reading, and most clinicians made recordings of the second derivative wave alone because of the simplicity of evaluating the heights of each wave and the ease of recognition of the changes in the waveforms.

Original wave: PTG ⁽⁸⁾

Description of the wave

- S (Starting point)
- P (Percussion wave)
- T (Tidal wave)
- C (Incisura)
- D (Dicrotic wave)



Estimated Indicators from PTG

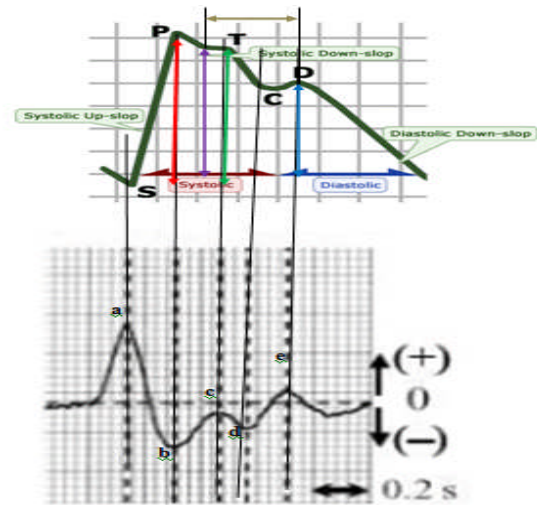
1. AI = augmentation index = $PT2/PT1$ Normal range according with age in I.U ⁽¹⁰⁾. AI will be increased in case of hypercholesterolemia or reduced carotid elasticity. ⁽¹⁰⁾
2. **S-P time: Etc** (Estimated Cardiac Ejection time): Normal range 260~380 ms
3. **PH (Pulse High)**: Normal range from 2 to 8 in I.U .Indicator related to systolic blood pressure.

Representative waveforms of PTG (top) and SDPTG (bottom)

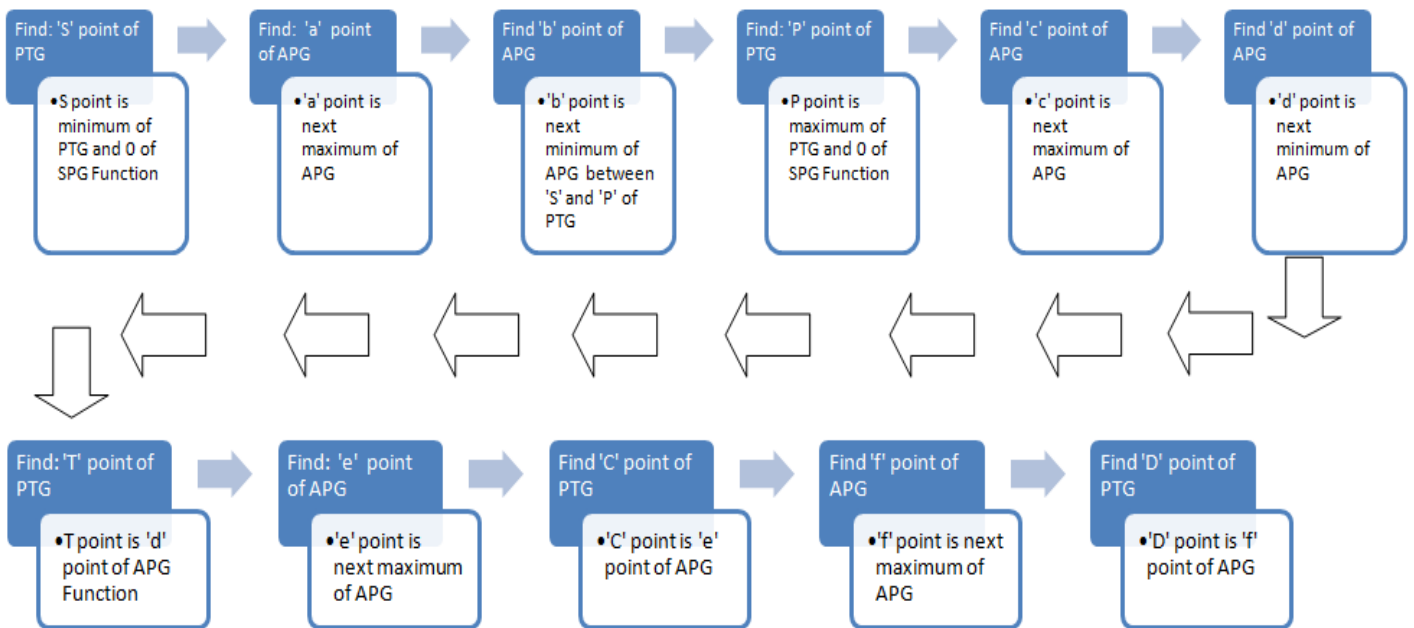
The SDPTG results of a process of mathematical acceleration of the original wave PTG (i.e. below the process)

Description of the SDPTG wave

The previous points of the PTG have a projection in the SDPTG : Point S => a, Point P => b, Point T => c, Point C => d, and Point => e . f will be the end point of the SDPTG .



**Mathematical acceleration of the original wave PTG:
 Chart Flow**



After 'D' PTG point -> Find 'S' PTG point again (do untill end of PTG / SDPTG signal)

Mathematical formula

Acceleration is the second derivative of position with respect to time: d^2x / dt^2 , which makes it the first derivative of velocity: dv / dt . Therefore, the acceleration is the slope of the curve on the velocity-versus-time graph.

Thus:

$$a = dv / dt = d^2x / dt^2$$

Acceleration is a quaternion with real and vector parts:

$$a = (V^2/R - cDel.v) + (dcv/dR + cDelxv + V^2/R r)$$

$$a = (V^2/R - cV/R \cos(v)) + (dv/dt + cv/R \sin(v) + V^2/R r)$$

where $R=ct$ and $dR=cdt$.

$cv/R\cos(v)$ is the Centrifugal Acceleration a part of the real accelerations in the first parenthesis. The second parenthesis contains the vector accelerations.

Signal processing analysis.

1. The time of measurement from the pulse oximeter is 2 minutes and during this time we will have in average between 120 to 180 wave forms records. The PTG will be convert automatically in SDPTG fig 1

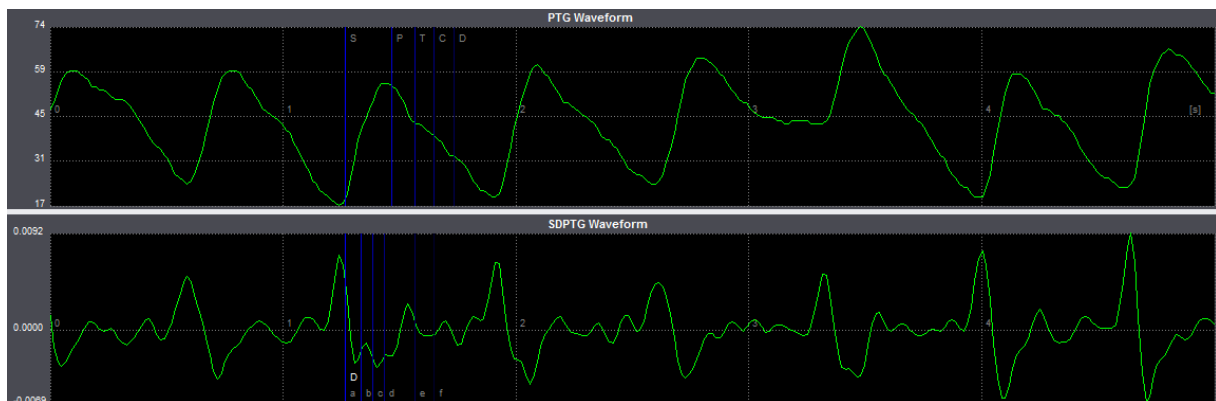


Fig 1

2. Application of the Discrete Fourier Transform (DFT) in the entire record and determination of the spectral analysis of the points a, b, c, d and e. (Fig .2)

DFT

The sequence of N complex numbers x_0, \dots, x_{N-1} is transformed into the sequence of N complex numbers X_0, \dots, X_{N-1} by the DFT according to the formula:

$$X_k = \sum_{n=0}^{N-1} x_n e^{-\frac{2\pi i}{N} kn} \quad k = 0, \dots, N - 1$$

where i is the imaginary unit and ω is a primitive N 'th root of unity. (This expression can also be written in terms of a DFT matrix; when scaled appropriately it becomes a unitary matrix and the X_k can thus be viewed as coefficients of x in an orthonormal basis.)

The transform is sometimes denoted by the symbol, as Signal Analysis .

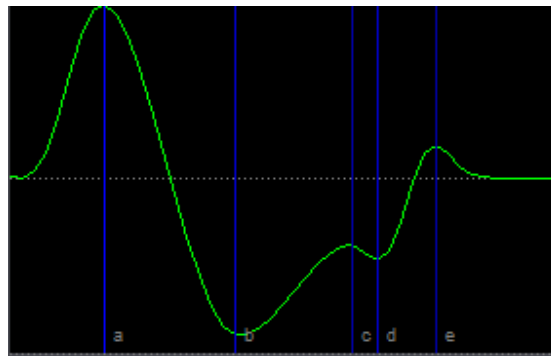


Fig.2. Reconstructive Wave STPTG (RWSIPTG) obtains from the spectral analysis of the point a, b, c, d and e.

Analysis of the Reconstructive Wave STPTG (RWSIPTG)

b/a: Related to the ejection power of the cardiac left ventricle related to the Aorta compliance

c/a: Related to the ESV (End Systolic Volume). Afterload. Decreased with inotropy and increased in heart failure.

-d/a: Related to the small artery (coronaries) compliance

e/a : Related to the EDV (End Diastolic Volume).Preload. EDV Increased with the increased venous return and blood volume.

Estimated SVR (Systemic Vascular Resistance)

Calculation:

Depend b/a and d/a

SV = Stroke Volume

Calculation

Depend e/a and d/a

SV = (value e/a – value d/a)

Q = Cardiac Output

Calculation

Depend e/a and d/a and HR

Q = (value e/a – value d/a) X HR

White Paper ES Teck PEMS 03/20/2010

Writer: Albert MAAREK

Reviewer: Richard Clement

BV= Blood Volume

Calculation

Formula and Normal range: $BV = 0.06 \times BW + 0.77$. In which blood volume = BV in mL and BW = body weight in grams.

Normal range e/a: 0.14 to 0.20

CI = Cardiac Index

Cardiac Index (CI) = $Q / \text{Body Surface Area (BSA)}$

$BSA (m^2) = ([\text{Height (cm)} \times \text{Weight (kg)}] / 3600)^{1/2}$

EF= Ejection Fraction (EF)

$EF = (SV / EDV) \times 100\%$

Depend SV and value e/a (EDV)

MAP = MEANS Arterial Pressure

$MAP = Q.SVR$

REFERENCES

- 1) O'Rourke MF, Kelly RP, Avolio AP. History. In: Pine JW Jr, ed. *The Arterial Pulse*. Philadelphia, Pa: Lea & Febiger; 1992:3-14.
- 2) Kelly RP, Hayward CS, Avolio AP, O'Rourke MF. Noninvasive determination of age-related changes in the human arterial pulse. *Circulation*. 1989;80:1652-1659.
- 3) Takazawa K, Tanaka N, Takeda K, Kurosu F, Ibukiyama C. Underestimation of vasodilator effects of nitroglycerin by upper limb blood pressure. *Hypertension*. 1995;26:520-523.
- 4) Murgo JP, Westerhof N, Giolma JP, Altobelli SA. Aortic input impedance in normal man: relationship to pressure wave forms. *Circulation*. 1980;62:105-116.
- 5) Westerhof P, Sipkema G, Van den Bos C, Elzinga G. Forward and backward waves in the arterial system. *Cardiovasc Res*. 1972;6:648-656.
- 6) Wiederhelm CA, Woodbury JW, Kirk S, Rushmer RF. Pulsatile pressure on the microcirculation of frog's mesentery. *Am J Physiol*. 1964;207:173-176.
- 7) Fichett D. Forearm arterial compliance: a new measure of arterial compliance? *Cardiovasc Res*. 1984;18:651-656.
- 8) Comparison of Invasive vs. Non-invasive Pulse Wave Indices in Detection of Significant Coronary Artery Disease: Can We Use Non-invasive Pulse Wave Indices as Screening Maddury Jyotsna, Alla Mahesh, Madhavapeddi Aditya, Pathapati Ram mohan and Maddireddy Umameshwar Rao Naidu *Clinical Medicine: Cardiology* 2008;2 153–160
- 9) Nichols WW, O'Rourke MF. *McDonald's Blood Flow in Arteries: Theoretical, Experimental and Clinical Principles*. London: Arnold, 1998.
- 10) Takazawa, Kenji; Tanaka, Nobuhiro; Fujita, Masami; Matsuoka, Osamu; Saiki, Tokuyu; Aikawa, Masaru; Tamura, Sinobu; Ibukiyama, Chiharu :Assessment of Vasoactive Agents and Vascular Aging by the Second Derivative of Photoplethysmogram Waveform *Hypertension: Volume 32(2)August 1998pp 365-370*

White Paper ES Teck PEMS 03/20/2010

Writer: Albert MAAREK

Reviewer: Richard Clement

- 11) Toshiaki OTSUKA , Tomoyuki KAWADA , Masao KATSUMATA , Chikao IBUKI , and Yoshiki KUSAMA Independent Determinants of Second Derivative of the Finger Photoplethysmogram among Various Cardiovascular Risk Factors in Middle-Aged Men Hypertens Res Vol. 30, No. 12 (2007)

<http://pt.wkhealth.com/pt/re/hyper/fulltext.00004268-199808000-00028.htm;jsessionid=JFFZ996QxTtvHwJ1p8YmclKTsG05y35TWSBndQvF0MSLJqppQlhv!944248918!181195629!8091!-1#P44>

- 12) Toshiaki Otsuka , Tomoyuki Kawada, Masao Katsumata, Chikao Ibuki, :Utility of Second Derivative of the Finger Photoplethysmogram for the Estimation of the Risk of Coronary Heart Disease in the General Population Circ J 2006; 70: 304 – 310
- 13) Alberto Avolio : The finger volume pulse and assessment of arterial properties .Journal of Hypertension 2002, 20:2341–2343
- 14) Maddury Jyotsna, Alla Mahesh, Madhavapeddi Aditya, Pathapati Ram mohan and Maddireddy Umameshwar Rao Naidu, Comparison of Invasive vs Noninvasive Pulse Wave Indices in Detection of Significant Coronary Artery Disease: Can We Use Noninvasive Pulse Wave Indices as Screening Test. Clinical Medicine: Cardiology 2008;2
- 15) Hashimoto J, Chonal K, Aokei Y, Nishimura T, Ohkubo T, Hozawa A, et al. Pulse wave velocity and the second derivative of the finger photoplethysmogram in treated hypertensive patients: their relationship and associating factors. J Hypertens 2002, 20:2415–2422.
- 16) Hertzman AB, Speelman C. Observations of the finger volume pulse recorded photoelectrically. Am J Physiol 1937; 119:334–335.
- 17) Hertzman AB. The blood supply of various skin areas as estimated by the photoelectric plethysmograph. Am J Physiol 1938; 124:328–340.
- 18) Loukogeorgakis S, Dawson R, Phillips N, Martyn CN, Greenwald S. Validation of a device to measure arterial pulse wave velocity. Physiol Measurement 2002; 23:581–596.
- 19) Mendelson Y, Ochs BD. Noninvasive pulse oximetry utilizing skin reflectance photoplethysmography. IEEE Trans Biomed Eng 1988; 35: 98–805.
- 20) Larsen PD, Harty M, Thiruchelvam M, Galletly DC. Spectral analysis of AC and DC components of the pulse photoplethysmograph at rest and during induction of anaesthesia. Int J Clin Monit Comput 1997; 14: 89–95.
- 21) Ando J, Kawarada A, Shibata M, Yamakoshi K, Kamiya A. Pressure–volume relationships of finger arteries in healthy subjects and patients with coronary atherosclerosis measured non-invasively by photoelectric plethysmography. Jpn Circ J 1991; 55:567–575.
- 22) Kawarada A, Shimazu H, Yamakoshi K, Kamiya A. Noninvasive automatic measurement of arterial elasticity in human fingers and rabbit forelegs using photoelectric plethysmography. Med Biol Eng Comput 1986; 24:591–596.
- 23) Takada H, Washino K, Harrel JS, Iwata H. Acceleration plethysmography to evaluate aging effect in cardiovascular system. Using new criteria of four wave patterns. Med Prog Technol 1997; 21:205–210.
- 24) Takazawa K, Tanaka N, Fujita M, Matsuoka O, Saiki T, Aikawa M, et al. Assessment of vasoactive agents and vascular aging by the second derivative of photoplethysmogram waveform. Hypertension 1998; 32:365–370.

White Paper ES Teck PEMS 03/20/2010

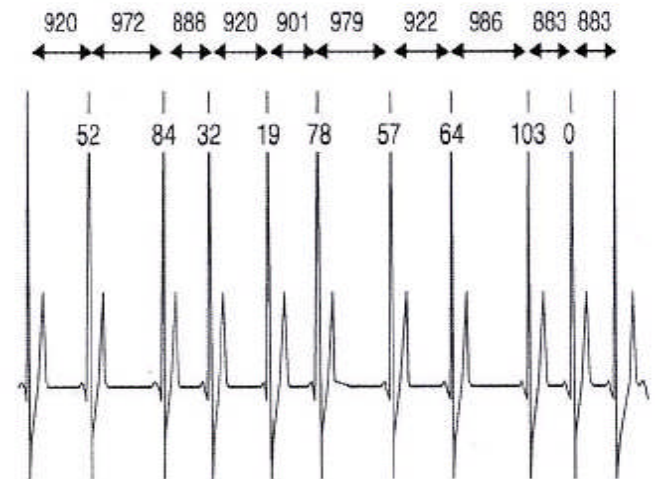
Writer: Albert MAAREK

Reviewer: Richard Clement

- 25) Bortolotto LA, Blacher J, Kondo T, Takazawa K, Safar ME. Assessment of vascular aging and atherosclerosis in hypertensive subjects: second derivative of photoplethysmogram vs. pulse wave velocity. *Am J Hypertens* 2000; 13:165–171.
- 26) Jespersen LT, Pedersen OL. The quantitative aspect of photoplethysmography revised. *Heart Vessels* 1986; 2:186–190.
- 27) Babchenko A, Davidson E, Ginosar Y, Kurz V, Faib I, Adler D, Nitzan M. Photoplethysmographic measurement of changes in total and pulsatile tissue blood volume, following sympathetic blockade. *Physiol Meas* 2001; 22:389–396.
- 28) Millasseau SC, Guigui FG, Kelly RP, Prasad K, Cockcroft JR, Ritter JM, Chowienczyk PJ. Noninvasive assessment of the digital volume pulse. Comparison with the peripheral pressure pulse. *Hypertension* 2000; 36:952–956.
- 29) Hertzman AB, Orth LW. The vasomotor components in the vascular reactions in the finger to cold. *Am J Physiol* 1942; 136:669–679.
- 30) Heyman F, Ahlberg NE. Effect of rapid distension of large arteries and veins on the vascular tone of the fingers *Acta Med Scand* 1968; 183:337–340.
- 31) Imholz BP, Wieling W, van Montfrans GA, Wesseling KH. Fifteen years experience with finger arterial pressure monitoring: assessment of the technology. *Cardiovasc Res* 1998; 38:605–616.
- 32) O'Rourke MF, Kelly RP, Avolio AP. *The arterial pulse*. London: Lea and Febiger; 1992.
- 33) Chowienczyk PJ, Kelly RP, MacCallum H, Millasseau SC, Andersson TL, Gosling RG, et al. Photoplethysmographic assessment of pulse wave reflection: blunted response to endothelium-dependent beta2-adrenergic vasodilation in type II diabetes mellitus. *J Am Coll Cardiol* 1999; 34:2007–2014.
- 34) Van Bortel LM, Duprez D, Starmans-Kool MJ, Safar ME, Giannattasio C, Cockcroft J, et al. Clinical applications of arterial stiffness, Task Force III: recommendations for user procedures. *Am J Hypertens* 2002; 15: 445–452.
- 35) Nichols WW, O'Rourke MF. *McDonald's blood flow in arteries*. London: Arnold; 1998.
- 36) Miyai N, Miyashita K, Arita M, Morioka I, Kamiya K, Takeda S. Noninvasive assessment of arterial distensibility in adolescents using the second derivative of photoplethysmogram waveform. *Eur J Appl Physiol* 2001; 86:119–124.
- 37) Cunha RS, Pannier B, Benetos A, Siche J-P, London GM, Mallion JM, Safar ME. Association between high heart rate and high arterial rigidity in normotensive and hypertensive subjects *J Hypertens* 1997; 15: 1423–1430.
- 38) Lantelme P, Mestre C, Lievre M, Gressard A, Milon H. Heart rate: an important confounder of pulse wave velocity assessment. *Hypertension* 2002; 39:1083–1087.

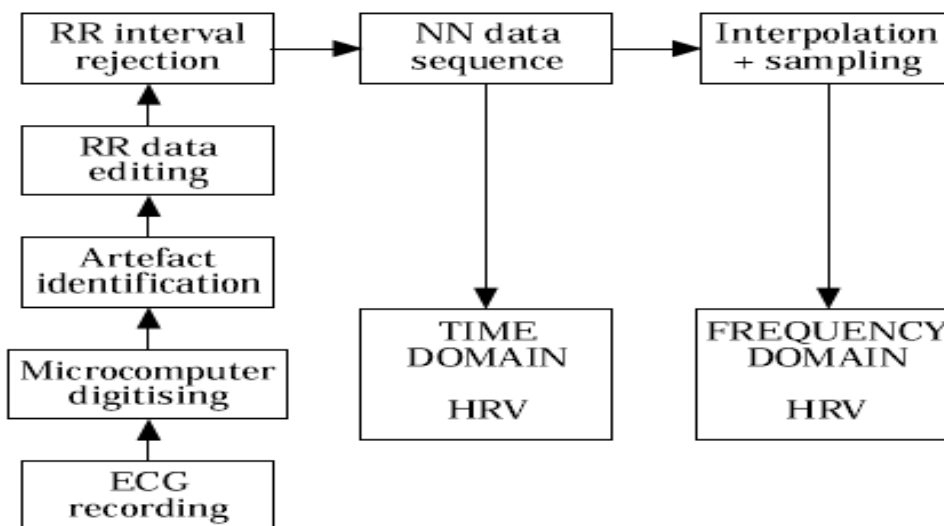
Heart Rate Variability (HRV) [1]

The HRV is a mathematical analysis of the Heart rate time. HRV evaluates the variation of the heart rate, both in the time domain (statistical methods) and in the frequency domain (spectral analysis). Each QRS complex is detected and the so-called normal-to-normal (NN) or Rate-to-Rate (RR) intervals between adjacent QRS complexes are resulting from sinus node depolarization



Example of an ECG output over 11 beats. R-R interval times and difference between adjacent R-R intervals are displayed.

Process of analysis



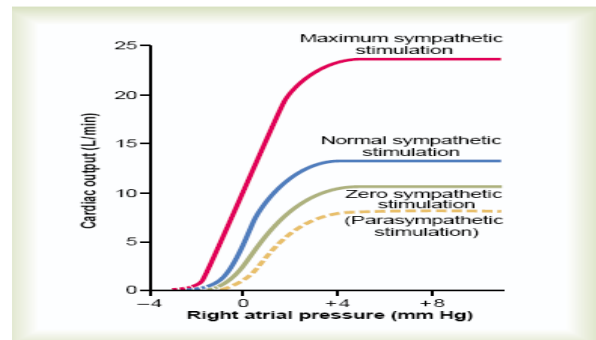
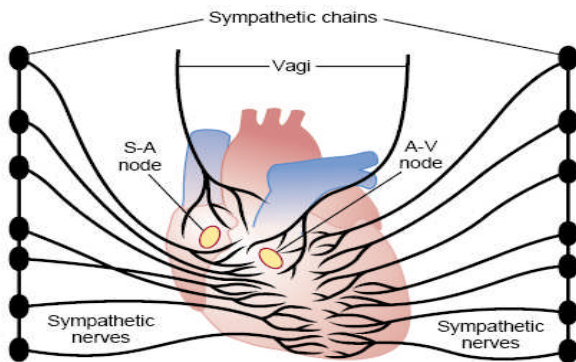
Means of the HRV Results

| Time domain results | | |
|-----------------------------|--------------|---|
| Items | Units | Description |
| Heart Rate (HR) | bpm | Mean heart rate per minute |
| Mean values of RR intervals | ms | Mean of RR intervals |
| Maximum values (Mx) | ms | longest NN interval |
| Minimum values (Mn) | ms | shortest NN interval |
| MxDMn HIB | ms | The difference between the longest and shortest NN interval |
| MxDMn (HIB) | ms | Irregular heart beat (IHB) indicator. Displays when the device detects large variation in RR Interval during measurement. |
| SDNN | ms | Standard deviation of all NN intervals. |
| RMSSD | ms | The square root of the mean of the sum of the squares of differences between adjacent NN intervals. |
| NN50 count | | Count Number of pairs of adjacent NN intervals differing by more than 50 ms in the entire recording. Three variants are possible counting all such NN intervals pairs or only pairs in which the first or the second interval is longer. |
| pNN50 % | % | NN50 count divided by the total number of all NN intervals. |

| frequency domain results | | | |
|---------------------------------|-----------------|---|------------------------|
| Items | Units | Description | Frequency range |
| 5 min total power | ms ² | The variance of NN intervals over the recording segment | ≤ 0.4 Hz |
| VLF | ms ² | Power in very low frequency range | ≤ 0.04 Hz |
| LF | ms ² | Power in low frequency | range 0.04–0.15 Hz |
| HF | ms ² | Power in high frequency range | 0.15–0.4 Hz |
| LF/HF | % | Ratio LF [ms ²]/HF [ms ²] | |

HRV and autonomic nervous system links

The autonomic nervous system is related to heart rate and heart rate variability (time between each beat) via the heart ANS innervations and the effect on the cardiac output curve of different degrees of sympathetic or parasympathetic stimulation. The Baroreceptor regulation will be carried out via the sympathetic system stimulation.



A.C. Guyton and J.E. Hall: Textbook of Medical Physiology Eleventh Edition. September 2005.

Indicators HRV [1]

Heart rate: Fast pulse may signal the presence of an infection or dehydration

Normal Range

For resting heart rate:

- newborn infants; 100 to 160 beats per minute
- children 1 to 10 years; 70 to 120 beats per minute
- children over 10 and adults (including seniors); 60 to 100 beats per minute
- well-trained athletes; 40 to 60 beats per minute

RMSSD: Indicator of Parasympathetic activity

HF: Indicator of Parasympathetic activity

LF: Indicator of Sympathetic system or both sympathetic and parasympathetic activity.

LF/HF: ratio considered by some investigators to mirror sympathetic/parasympathetic balance or to reflect sympathetic modulations.

REFERENCES

- 1) Task Force of The European Society of Cardiology and The North American Heart rate variability Standards of measurement, physiological interpretation, and clinical use European Heart Journal (1996) 17, 354–381
- 2) Sayers BM. Analysis of heart rate variability. *Ergonomics*. 1973;16:17-32.
- 3) Luczak H, Lauring WJ. An analysis of heart rate variability. *Ergonomics*. 1973;16:85-97..
- 4) Pagani M, Lombardi F, Guzzetti S, Rimoldi O, Furlan R, Pizzinelli P, Sandrone G, Malfatto G, Dell'Orto S, Piccaluga E, Turiel M, Baselli G, Cerutti S, Malliani A. Power spectral analysis of heart rate and arterial pressure variabilities as a marker of sympathovagal interaction in man and conscious dog. *Circ Res*. 1986;59:178-193.
- 5) Scherer P, Ohler JP, Hirche H, Höpp H-W. Definition of a new beat-to-beat parameter of heart rate variability. *PACE Pacing Clin Electrophysiol*. 1993;16:939. Abstract.
- 6) Malliani A, Pagani M, Lombardi F, Cerutti S. Cardiovascular neural regulation explored in the frequency domain. *Circulation*. 1991;84:1482-1492.
- 7) Malik M, Camm AJ. Components of heart rate variability: what they really mean and what we really measure. *Am J Cardiol*. 1993;72:821-822. .
- 8) Merri M, Farden DC, Mottley JG, Titlebaum EL. Sampling frequency of the electrocardiogram for the spectral analysis of heart rate variability. *IEEE Trans Biomed Eng*. 1990;37:99-106.
- 9) Bianchi AM, Mainardi LT, Petrucci E, Signorini MG, Mainardi M, Cerutti S. Time-variant power spectrum analysis for the detection of transient episodes in HRV signal. *IEEE Trans Biomed Eng*. 1993;40:136-144.
- 10) Kamath MV, Fallen EL. Correction of the heart rate variability signal for ectopics and missing beats. In: Malik M, Camm AJ, eds. *Heart Rate Variability*. Armonk, NY: Futura; 1995:75-85.
- 11) Guyton, A. C. & Hall, J. E. (2001). Textbook of Medical Physiology (10th ed.). Philadelphia: W.B.Saunders Company.